Таблица эталонных результатов по зимнему плаванию для сезона 2025-2026 года

Группа		дисциплины										
		25 м брасс	25 м в/с	25 м батт.	50 м брасс	50 м в/с	50 м батт.	100 м брасс	100 м в/с	200 м брасс	200 м в/с	400 м в/с
МУЖЧИНЫ	В	00:13.84	00:10.92	00:11.91	00:29.80	00:24.00	00:25.76	01:04.93	00:51.99	02:20.72	01:59.53	04:21.74
	C1	00:14.14	00:11.16	00:12.12	00:30.74	00:24.75	00:26.31	01:07.43	00:54.05	02:28.01	02:06.65	04:30.96
	C2	00:14.44	00:11.37	00:12.33	00:31.68	00:25.67	00:26.86	01:09.84	00:56.11	02:35.30	02:08.60	04:39.98
	D	00:14.72	00:11.58	00:12.53	00:32.12	00:26.60	00:27.41	01:11.40	00:58.18	02:45.25	02:14.47	04:49.11
	E	00:14.88	00:11.79	00:13.06	00:32.57	00:27.56	00:29.06	01:12.97	01:01.64	02:51.01	02:19.36	04:56.19
	F	00:15.07	00:12.01	00:13.78	00:33.63	00:27.94	00:30.72	01:15.80	01:03.09	02:56.80	02:24.25	05:03.09
	G	00:15.61	00:12.22	00:14.51	00:34.69	00:28.32	00:32.37	01:18.63	01:04.54	03:02.61	02:29.15	05:14.32
	Н	00:16.56	00:13.10	00:14.96	00:35.92	00:29.15	00:34.03	01:21.69	01:07.94	03:11.21	02:37.11	05:27.02
		00:17.66	00:13.98	00:15.43	00:38.04	00:30.42	00:35.68	01:27.30	01:12.55	03:27.69	02:47.29	05:49.54
	J	00:19.08	00:14.97	00:16.54	00:41.09	00:32.54	00:38.18	01:34.27	01:19.06	03:40.53	03:00.76	06:16.21
	J1	00:20.99	00:16.21	00:17.98	00:45.19	00:35.21	-	01:43.30	01:27.48	04:02.72	03:13.15	-
	J2	00:22.98	00:17.69	00:20.51	00:49.46	00:38.39	-	01:52.97	01:36.51	04:28.53	03:36.31	-
ЖЕНЩИНЫ	В	00:16.11	00:12.76	00:13.17	00:34.40	00:27.52	00:30.18	01:13.10	00:59.98	02:37.39	02:11.36	05:02.77
	C1	00:16.69	00:13.02	00:13.64	00:35.39	00:28.39	00:30.66	01:15.84	01:03.56	02:46.13	02:17.23	05:13.40
	C2	00:17.27	00:13.28	00:14.11	00:36.38	00:29.26	00:31.52	01:18.80	01:07.14	02:54.87	02:24.50	05:24.03
	D	00:17.85	00:13.54	00:14.58	00:37.37	00:30.13	00:32.22	01:21.32	01:10.73	03:03.61	02:31.07	05:34.66
	E	00:18.43	00:13.81	00:15.05	00:38.36	00:31.01	00:32.68	01:23.76	01:13.20	03:12.35	02:37.64	05:45.29
	F	00:19.01	00:14.07	00:15.52	00:39.35	00:31.88	00:33.23	01:26.21	01:15.99	03:21.09	02:44.22	05:55.92
	G	00:19.58	00:14.34	00:15.99	00:41.27	00:32.76	00:34.96	01:33.15	01:18.80	03:27.47	02:50.79	06:06.55
	Н	00:20.28	00:14.61	00:16.64	00:42.78	00:33.64	00:36.34	01:37.15	01:20.76	03:33.85	02:57.36	06:17.18
		00:22.01	00:15.16	00:17.92	00:46.49	00:34.90	00:39.09	01:41.15	01:22.72	03:40.22	03:03.95	06:27.82
	J	00:23.81	00:16.66	00:19.24	00:50.34	00:38.37	00:41.91	01:50.19	01:30.19	03:59.93	03:20.12	07:00.69
	J1	00:25.57	00:18.14	00:21.96	00:54.12	00:41.79	-	01:56.89	01:39.03	04:14.91	03:56.12	-
	J2	00:27.64	00:19.91	00:26.65	00:58.55	00:45.87	-	02:08.54	01:51.29	04:39.08	04:19.26	-